

Environmental Working Group
SHOPPER'S GUIDE
TO PESTICIDES IN PRODUCE



DIRTY DOZEN **CLEANEST 12**
Buy These Organic Lowest in Pesticides

WORST			BEST
	Peaches		Onions
	Apples		Avocado
	Sweet Bell Peppers		Sweet Corn (Frozen)
	Celery		Pineapples
	Nectarines		Mango
	Strawberries		Sweet Peas (Frozen)
	Cherries		Asparagus
	Lettuce		Kiwi
	Grapes (Imported)		Bananas
	Pears		Cabbage
	Spinach		Broccoli
	Potatoes		Eggplant

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THE POWER OF INFORMATION
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